

# **Sundre Interagency Meeting Summary**

November 21, 2006

Community Conference Room

## **In Attendance:**

- Marita Stermann – Greenwood Neighbourhood Place
- Leah Jensen - Greenwood Neighbourhood Place
- Dorene Dick – Sundre Palliative Care
- Verity Pickering – Community Van & United Church
- Deb Billings – Parent Link
- Paul Webb – New Beginnings Church & Ministerial Society
- Wendy Tredger – Family Wellness (River Valley School)
- Kathryn Cunningham – Nutritionist DTHR
- Rob Lidgett – Sundre RCMP
- Carol Bates – Healthy Families
- Darlene Pohl – Mental Health Outreach
- Cindy Shyback – Mental Health Liaison
- Audrey Hobbs – Volunteer Resources DTHR

## **Agenda:**

- Introductions & Updates from each representative
- Needs Assessment & Feedback

## **Greenwood Neighbourhood Place & Sundre FCSS**

- Marita Stermann
- GNP has completed their move into the new facility. GNP is now fully staffed again with the addition of Leah Jensen as administrative support.
- Maps to locate GNP were made available to all to further assist the public is learning where the new office is located. Signage coming soon, both Town signage and additional GNP signage in the works.
- Santa's Anonymous is now operating from GNP. Veronica Sommerfeld is the coordinator. Forms for hampers are available around town, (as well as passed out at meeting), and it was brought to light that seniors are still a demographic that need attention.
- Seniors appointments are available with Lorey to assist in filling out forms. The new senior's brochures for 2007 are now available at GNP. Workshops on Personal Directives and Guardianship are in the works as well.
- Continuing Education information will be published soon. Mountain View Society for Lifelong Learning is currently working on a calendar with all upcoming events and classes. Any new events should be sent to Marita so it can be sent through the web for updating on the GNP site. If anyone knows of any course topics or individuals interested in teaching classes, please contact Marita.
- Newsletter information needs to be submitted to Marita as soon as possible. It is to be printed next week and distributed throughout Sundre soon.
- Youth events coming up include two movie nights, an evening and a matinee, both offered free of charge.
- Sundre Interagency Meeting dates for 2007 are set, reminders sheets handed out. All meetings will now be held at the Sundre Community Conference Room. 2007 Meeting dates are as follows: Jan 30<sup>th</sup>, Mar 27<sup>th</sup>, May 29<sup>th</sup>, Aug 7<sup>th</sup>, Sept 18<sup>th</sup> and Nov 13<sup>th</sup>.
- 2007 Community Appreciation Event & Volunteer Appreciation Event will be combined into one evening. GNP is working with the Chamber of Commerce to host this evening on April 21, 2007. Ten specific awards will be presented. More information will follow closer to the date.

## **Sundre Palliative Care & Grief Support**

- Dorene Dick
- Grief Support has changed its format. The group setting has diminished due to lack of individuals attending the sessions. Greenwood Neighbourhood Place has contact information for grief support, and members of the support committee will follow up with those requesting support.
- December 11<sup>th</sup> at 7:00pm at the West Country Center, the annual Candlelight Service for Remembrance will be held. This is a non-denominational service with singing as well as speakers to promote remembrance and fellowship. The event will be advertised in the newspaper as well as store cards (in partnership with Heartland Funeral Services).
- Sundre Palliative Care is in desperate need of volunteers, specifically to run an “Art Cart” for those individuals that are in the hospital long term. Volunteers meet on the 2<sup>nd</sup> Wednesday of every month at 10am at the hospital.

## **Sundre Community Van & Sundre United Church**

- Verity Pickering
- The Community Van service is not only a seniors service, it needs to be stressed that it is indeed a “Community” van. The more it can be rented/booked by people in Sundre, the sooner a new van can be purchased.
- The Sundre United Church now has a new interim minister. The previous minister and board have resigned, but Verity assures growth within the church again! The Annual Christmas Tea and Bake Sale is being held on Saturday, November 25<sup>th</sup>.

## **Parent Link**

- Deb Billings
- Parent Link is operating programs out of the Public Library. (i.e.: Walk & Talk Program in the auditorium and 1234 Parents Workshop). Volunteers needed for childcare while hosting parenting programs. Drop-In program has been going well in the evenings, especially with Dads. Literacy program is in the works for January, something similar to Mother Goose program.
- Keir Kutney Child Behavior workshops have been a huge success, with workshops still ongoing.
- Drop-In and Parenting Workshops will continue in January 2007.

## **New Beginnings Church & Ministerial Society**

- Paul Webb
- New Beginnings Church is hosting a Frozen Turkey Bowling in February 2007. This is a free event for families. Their annual Christmas Carol Sing will be held on Dec 10<sup>th</sup> at 7:00pm at the Community Auditorium. They are hoping to arrange a multi-denominational service for New Year’s Eve.

## **River Valley School – Family Wellness**

- Wendy Tredger
- Update from Sundre High School (Karen Grudeski): New breakfast program well received.
- Family Retreat at Pioneer Lodge was a wonderful success. Eight families attended and had the opportunity to learn valuable new tools to use in everyday situations. The families that attending are very interested in ongoing support. For now, Wendy and Karen will be meeting with the families after the Keir Kutney workshops on Wednesdays for additional support.
- It was brought to light that the AADAC presence is very ineffective in Sundre. Currently, AADAC visits twice monthly, which is too infrequent to make an impact. The community needs to “make a noise” to address this issue. Wendy’s suggestion is to gather letters from all avenues within the community to provide a unified voice to promote a stronger presence in Sundre.

**\*\*\*Action Item\*\*\*** Please submit letters to Wendy Tredger by Dec 15<sup>th</sup>!!!\*\*\* Letters can be faxed to (403) 638-4552 or email to [wtredger@chinooksedge.ab.ca](mailto:wtredger@chinooksedge.ab.ca)

## **DTHR Public Health Nutritionist**

- Kathryn Cunningham
- Kathryn will be leaving on maternity leave in January 2007, so a new nutritionist will be filling the position.
- The “Little Chefs” & “Mealtime Blues” programs are both going very well in the area. Other workshops available include “Feeding the Future”, regarding school lunches.
- Kathryn presented the costing report done by the DTHR for Food and rent costs within the region. The report was released to the media in October, which received quite a bit of attention.
- World Food Day was in October, and a local agricultural producer’s directory was published and distributed.

## **Sundre RCMP**

- Rob Lidgett – Operations Supervisor
- He is very impressed with the community involvement (Interagency Group).
- Strong agreement that AADAC needs to be in Sundre. He will definitely support the push to make it happen.
- There is a display shelf in the detachment that could be utilized for information relative to those individuals that may be coming into the office.
- His main initiative is to address the drug and alcohol addiction issue, both with enforcement and prevention. Resources tend to go more towards enforcement, but are working on prevention programs for the schools as well. He is more than willing to do more public appearances and speaking, if requested, to help with these issues in our community.
- The boundaries of the Sundre RCMP will soon be changing, and the Caroline district will move to the Rocky Mountain House jurisdiction. Hopefully, additional resources may then be used to focus on programs, such as DARE (Drug Abuse Resistance Education), in the Sundre area.
- Sundre’s drug problem, as a whole, is fairly “standard” for the size of the town. Marijuana and cocaine remain the popular drugs. Thus far crystal meth hasn’t become a large problem in the area, but may develop in the future. The more resources and education that can be utilized to “clean up” the drug problems, the better.

## **Healthy Families**

- Carol Bates
- Healthy Families does home visits to families with children ages 0-5, for family wellness and guidance. Carol currently sees 10 families in the area, and focuses on resources, interaction and development.

## **Olds Mental Health**

- Darlene Pohl
- Darlene is a mental health outreach worker, whose territory includes Sundre.
- Clients come to her through a referral and intake process. They must meet certain criteria to assess help. They are individuals that may require psychiatric help, more so than therapy. Commonly those with schizophrenia or bipolar are those that may meet with Darlene.
- Darlene also works closely with the hospitals, Social Services and therapists to assess and provide assistance to individuals with those needs.

## **Mental Health Liason**

- Cindy Shyback
- Cindy comes into Sundre, (at the hospital) to do assessments, short term therapy and early intervention and prevention. She is committed to developing new services including a walk-in clinic (afternoons & evenings) to provide immediate assessments using a brief therapy model. Sundre needs this service, and it will be coming soon; the funding is in place, all that is needed now is the “how” and “where”. Cindy also tries to communicate to doctors about mental health issues, as well as developing a depression support group.

## **Volunteer Resources – DTNR**

- Audrey Hobbs
- Audrey coordinates volunteers for Mental Health, Community Health as well as the hospital.
- Golden Spoons training program has just been completed. This was to train volunteers how to assist in mealtimes and continuing care.
- Clown training for hospital volunteers has just been completed with 4 students.
- Palliative Care and Doula training are coming after Christmas.

Side note for all organizations – the Olds Albertan will publish ads for volunteers for free for 1 month.

## **Sundre Needs Assessment**

- There is a need to improve communication in order to support what projects exist rather than always starting new ones. Marita would like to apply for a grant to support the creation of a “Communication Coordinator”. This position would gather all information from all agencies & organizations and distribute using multi-media to cover the region. She needs feedback and/or suggestions on additional tasks and priorities for the position as well as how many hours per week this position may entail.
- Suggestion: That this position could also be utilized as an outreach contact rather than just a recipient of information. He/she would touch base with various agencies on a regular basis to maintain up to date information.
- Suggestion: That the Sundre RoundUp community calendar would be updated and refreshed by this position.
- Suggestion: That this position could spearhead the Community Resource Book, to keep current records of contact names for all groups.
- This position will likely be in place in approximately six months (by the time the grant funding is completed and in place).
- Greenwood Neighbourhood Place would be an excellent fit for this position, as GNP is already a fantastic resource for the community, and housing the Communication Coordinator would only enhance this resource.

**\*\*\*Action Item\*\*\*** Please email letters of support for a Communication Coordinator position to Marita Stermann [gnp.marita@telus.com](mailto:gnp.marita@telus.com), as soon as possible.

**Updates will follow regarding the AADAC initiative and volunteerism...**

**Let’s use this Interagency group to facilitate a great flow of communication within our community!**

**Please remember:** All meetings will now be held at the Sundre Community Conference Room.

**2007 Meeting dates are as follows:**

**Jan 30<sup>th</sup>, Mar 27<sup>th</sup>, May 29<sup>th</sup>, Aug 7<sup>th</sup>, Sept 18<sup>th</sup> and Nov 13<sup>th</sup>.**

Meeting adjourned at 11:30am.